



# Youth Opportunities Unlimited (YOU)



Peer Support Group for Youth & Young Adults  
with a variety of disabilities.

**Location:** Independent Living Vernon  
#107, 3402 - 27<sup>th</sup> Ave  
Vernon, BC

**When:** Mondays, 3:30-5:30pm



Want to participate? YOU can if...

- YOU are between the ages 16 – 29.
- YOU would like to meet others with similar interests.
- YOU want to share or build your skills about community networking, independent choices, career paths, leadership skills, etc.
- YOU would like to have fun and be supported in a safe comfortable environment.



Promoting a new perspective on disability

For further information contact:  
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YOU Group and RDSP Coordinator

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